

The Great American Aran Afghan

The Great American Aran AfghanThe Great North American AfghanCircular Baby AfghansHeirloom Afghans to Knit and CrochetThe Great American AfghanThe Great Afghan BookThe Complete Book of Traditional Aran KnittingKnit Lace and Leaves for BabyBeautiful Knitting PatternsBig Book of Crochet AfghansAran KnittingRipple AfghansKnitting Without TearsCrochet with HeartRainbow Crocheted BlanketsSmall Plates and Sweet TreatsAt Knit's EndKnitLit the ThirdKnit Stitch: 50 Knit + Purl PatternsMile-a-minute AfghansTudor RosesAran Pillows to CrochetBaby AfghansJapanese Knitting: Patterns for Sweaters, Scarves and MoreKnitting Fresh BriocheA Gathering of LaceModern Baby CrochetSwitch and Knit Stitch DictionaryKnitted Lace of EstoniaContemplative KnittingQuick Knitted AfghansMosaic Chart Directory for Knitting and CrochetThe Pattern CompanionDonna Kooler's Crocheted AfghansHow to KnitKnitting AmericaIndex to Handicraft Books, 1974-1984Crocheted AfghansCatalog of Copyright Entries. Third Series Joni Coniglio Knitter's Magazine Rebecca Leigh Jean Leinhauser American School of Needlework Shelagh Hollingworth Jeannine LaRoche Gisela Klöpper Connie Ellison Alice Starmore Leisure Arts Elizabeth Zimmerman Amanda Perkins Aran Goyoaga Stephanie Pearl-McPhee Linda Roghaar Kristen McDonnell Leisure Arts, Inc Alice Starmore Becky Stevens Leisure Arts michiyo Nancy Marchant Meg Swansen Stacey Trock Tabettha Hedrick Nancy Bush Julie Cicora Jeanne Stauffer Anna Nikipiowicz Cassia B. Farkas Donna Kooler Tina Barrett Susan M. Strawn, Melanie Falick Carnegie Library of Pittsburgh. Science and Technology Department Melody Griffiths Library of Congress. Copyright Office

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the great american aran afghan booklet features 24 squares by twenty four knitters combine 20 squares of your choice for the throw and pair the additional four into accent pillows all the information you ll need to knit the great american aran afghan is included in this convenient booklet

24 squares and designs in a flower garden of color motifs and patterning

when a beautiful baby gift is needed it's time to get out a crochet hook and reach for more circular baby afghans leisure arts 5517 each of the five round lacy blankets offers a burst of happy texture and plenty of cuddly softness that's just right for a little extra warmth at naptime matching the yarn color to baby's christening layette will create an heirloom that any new mom will cherish for years to come afghans include pinwheel pretty in pink snowflake buttercup and twinkle twinkle

crafters who wish to showcase their skills pamper themselves or someone special or mark an occasion with a one of a kind remembrance will love knitting or crocheting the luxurious afghans in this new book all are heirloom quality afghans displayed in breathtaking color photos featuring deluxe yarns such as silk blends mohair or cashmere and it's an anything but ordinary collection that includes new takes on classic afghans afghans with hundreds of bullion stitches and those that look like the finest lace you'll be proud to give any one as a gift for a wedding christening anniversary dedication ceremony or whenever you want to show love or appreciation with a gift well worth the time and cost one that will be cherished for a lifetime

since its first appearance in knitter's magazine issues 42-46 the great american afghan has appealed to many knitters especially first time afghan knitters even those who thought they would never knit an afghan the secret of its success is the square you'll explore a broad range of knitting techniques one square at a time pg 3

provides patterns and instructions for a variety of afghans including picture afghans and demonstrates basic stitches

collects patterns for knitting shirts sweaters jackets coats and other clothes in the style of the aran islands

step by step instructions on knitting sweaters hats and blankets for babies

expect regular stitchers to embrace knitter's compendium of 250 plus choices booklist with the more than 250 old and new knitting patterns displayed in 300 colorful photos knitters can make their creative fashion dreams come true of course the collection includes a selection of remarkably simple yet stunningly beautiful knit and purl stitches but there's much more brioche stitch patterns that result in a voluminous and very soft knit cable patterns for decorating rustic sweaters and jackets openwork and see through variations traditional multi colored and single knit jacquard or norwegian style aran and british fisherman patterns and rib lace and patchwork designs each one comes with easy to follow knitting charts patterns and descriptions for effortless success and advice on needles and combining stitches

adding a touch of comfort and style to a crafter's home decor the patterns in this collection can be made from a variety of yarns and colors and by crocheters of all skill levels with 26 designs this book features full color photographs and detailed instructions on stitching and incorporating motifs and patterns such as granny squares tunisian lace pineapples shells ripples and more beautiful whimsical and practical these afghans make perfect gifts and home accents

revised expanded edition of expert guide encompasses a history of aran knitting complete workshop in technique and design 60 charted patterns for the original 14 designs many reknit in contemporary yarns including a new design color photographs

fresh takes on a timeless favorite cover

the author guides the novice and the experienced knitters in short cuts and construction tricks and offers twenty original designs

add some color to your life with this step by step guide to crafting vibrant afghans and throw blankets amanda s bold and inspiring use of color and pattern gives stunning results that are deceptively easy to achieve this colorful book contains illustrated block by block guides to creating ten stunning blankets with color variations providing twenty further creations each of the ten blankets is constructed from a series of simple motifs including squares hexagons and triangles creating a large and sumptuous blanket is simply a matter of piecing together colorful motifs into wonderful arrangements the book contains basic instruction on yarns and hooks explains how to join motifs and sew in ends and provides a brief guide to using color for each blanket there is an index of motifs used accompanied by the instructions for how to make them both in written form and as a chart the blocks include a range of shapes and are accompanied by the fillers needed to fill the gaps between them each project has a full color chart and takes the reader block by block through the entire construction process

trained pastry chef blogger and mother of two aran goyoaga turned to gluten free cooking when she and her children were diagnosed with gluten intolerance combining the flavors of her childhood in bilbao spain with unique artistry and the informal elegance of small plate dining aran has sacrificed nothing dishes range from soups and salads to savory tarts and stews to her signature desserts with delicate flavorful and naturally gluten free recipes arranged by season and the author s gorgeously sun filled food photography throughout small plates and sweet treats will bring the magic of aran s home to yours fans of cannelle et vanille those with gluten allergies and cookbook enthusiasts looking for something new and special will all be attracted to this breathtaking book

the tangled life of the knitter is the subject of inspired nuttiness in 300 tongue in cheek meditations from the yarn harlot stephanie pearl mcphee at knit s end captures the wickedly funny musings of someone who doesn t believe it s possible to knit too much and who willingly sacrifices sleep family work and sanity in order to keep doing it covering everything from the deadly second sock syndrome to a pile of yarn so big it can hide a washing machine this hilarious collection will have knitters in stitches

a collection of stories about the ups downs ins and outs of knitting

this printed knit stitch pattern book gives you 50 unique hand knit designs easily understand exactly how to create each texture stitch by stitch with chart diagrams and written instructions to knit both flat and in the round patterns in this book are organized by their row repeats beginning with the simplest 2 row repeats and advancing up to more intricate 28 row repeats knit and purl techniques only this book was created by youtuber kristen mcdonnell from studio knit the popular knitting channel find video tutorials for each pattern on her website

discover a complete collection that combines 26 of leisure arts best of the best afghan patterns with 30 new designs these patterns work well if you only have a few minutes to crochet and the strips are easy to carry if you like to work on the go

this volume of tudor roses presents new and reimagined garments based on the original tudor roses published in 1998 alice starmore looks to historical female figures of the tudor dynasty as inspiration for her stunning knitwear and her modernization of traditional fair isle and aran patterns has created a sensation in the knitting world through garment design starmore and her daughter jade tell the stories of fourteen women connected with the tudor dynasty they weave a narrative around the known

facts of their subjects lives using photography art and the only medium through which the tudor women could leave a lasting physical record in their world needlework tudor roses includes fourteen patterns for sweaters and other wearables that follow the chronological order of the tudor dynasty a different model portrays each of the tudor women from elizabeth woodville grandmother of henry viii through mary queen of scots the stunning design and photography appeals to knitters seeking designs that offer an attractive balance of historic and modern elements

aran pillows to crochet leisure arts 4838 is a fresh collection of home accessories in a classic style perfect for every kind of decor becky stevens designed the seven crochet patterns with plenty of interesting features mostly from simple post stitches the pillows use medium weight yarn and are sized to fit 24 inch or 14 inch pillow forms so finishing is also a breeze they re wonderful for housewarming gifts 7 projects for crochet basketweave center pillow center mock cable pillow snowflake pillow ribbed pillow lattice center pillow two cable pillow and basketweave pillow

eight crochet patterns for baby afghans

create versatile wardrobe essentials with these chic new japanese knitting patterns for apparel and accessories from cult favorite author michiyo a whole new world of fashionable tokyo style knitwear designs opens to experienced needle crafters in japanese knitting patterns for sweaters scarves and more it is the first japanese needlework book to be translated into english knitting and crochet websites across the globe often feature the work of renowned japanese designer michiyo her minimalist aesthetic and textural elements make her knitwear styles polished and flattering whether worn layered or as stand alone pieces with this japanese knitting pattern book experienced knitters and needleworkers can create a diverse collection of effortless looking items ranging from a pair of soft slippers to a structured jacket an introduction by needlework instructor gayle roehm explains the japanese techniques to readers who are trying them for the first time inside find 23 stylish patterns and instructions for a nordic style sweater a classic raglan cardigan a diagonally striped tunic a sleeve scarf and much more your wardrobe will benefit from the chic and comfortable touch of michiyo s knitwear designs in this newly translated japanese stitch dictionary and pattern book

world renowned brioche knitting expert nancy marchant takes this versatile european stitch which creates a luxurious reversible ribbed fabric to a new level in her groundbreaking collection marchant works brioche in two colors forming graceful undulating textures with increases and decreases she explains everything from how to hold the yarn and cast on offering multiple options to creating the basic fabric and reading two color charts the stitch library presents 75 all new patterns and there are an additional 12 in luscious shawl and scarf projects

34 lace knitters share their secrets and their favourite projects

stitch a hip gift for baby

now it s easy to design your own knit start with one of the 12 basic pattern recipes for pieces such as a hat pullover shawl scarf socks tee mitts tunic or cardigan choose nearly any yarn and a stitch pattern from the 85 4 stitch multiple patterns in the stitch dictionary and you are on your way to your own unique knitted piece make cabled mitts a lace cardigan a textured stole a ribbed pullover or any of over 700 possible combinations best yet you can knit with any yarn that works to a gauge of 3 8 stitches

per inch so you can use that perfect yarn in your stash you've been saving and design just the right project for it it is so exciting to make your own one of a kind knits and this book makes it so easy

combining some of the oldest knitted artifacts in northern europe with authentic tips and expert advice this distinctive guidebook demonstrates a wide range of knitting knowledge featuring 14 heirloom quality projects this savvy reference includes traditional lace knitting techniques such as the starburst twig peacock and lily of the valley patterns modern variations on classic methods and adding lace edges are also explored and photographs from several estonian museums beautifully illustrate various completed designs with accessible graphed and written instructions the projects include estonian style shawls stoles and scarves

learn how the meditative practice of knitting can evolve into a spiritual discipline one third 53 million of american women know how to knit and knitting is becoming increasingly popular with men as well many of these knitters belong to social knitting circles charity knitting groups or knit with others in churches cafes and even in bars this book shows how knitting creates connections and communities and ties the repetition of knitting to the consistent recitation of prayer it also compares the act of knitting to the spiritual journey from starting something new to how we handle mistakes many people would like to incorporate a spiritual practice into their frenetic lives only to become discouraged and give up when they try those who knit are able to experience its calming effects and dedicate time to their craft each day

instructions for 65 brand new afghans that can be knitted in less than two weeks

a collection of 75 exciting modern mosaic designs suitable for both crocheters and knitters every pattern includes photographs of both the knitted and crocheted samples charts and written instructions mosaic crochet and knitting is an easy versatile colorwork technique allowing the maker to create stunning patterns without having to carry multiple strands of yarn per row this technique allows you to create striking geometric patterns that can be used on everything from homewares such as blankets and pillow covers through to accessories although it looks impressive mosaic crochet and knitting techniques are easy to learn and fun to do mosaic crochet works is done with a combination of chain stitches and varying stitch lengths over a couple of rows and mosaic knitting is done with a combination of knit and slip stitches there is a section at the beginning which looks at both mosaic knitting and crochet techniques with step by step photography and instructions so you can brush up on your technique this is followed by the stitch directory which is grouped by theme including geometric aztec nature seasonal and general every design starts with an introduction followed by a guide on how to mosaic knit and crochet it with colourwork charts and photography showing both knit and crochet samples each pattern has an ability grading in hooks and needles and they vary in complexity from very simple designs through to much more complex chevron and diamond patterns every mosaic design features a chart knit and crochet swatch and written instructions a section at the back of the book includes a techniques refresher for both knit and crochet beginners so even absolute beginners can make the 75 intricate sophisticated designs as the charts and techniques are clear and easy to follow

attractive sweaters for everyone in the family and cozy afghans too these patterns are for knitters who know their craft and now seek beautiful projects inspirations and challenges relative newcomers will find some items suited to their skills the more experienced will enjoy working with projects that have elaborate designs and stitch combinations knit a stylish crop top with pretty eyelets a sparkling mohair shell using the stockinette stitch a roomy cabled aran cardigan for either men or women a ruffled cardigan for baby a kid's catch stitch pullover a color blocked jacket with detachable hood a wee willie winkie blanket and a herringbone lace afghan numerous helpful charts throughout cover both colorwork and textured stitchery

with more than 40 fabulous afghan patterns from master designer donna kooler crocheters will grab their needles and stitch to their hearts content these incredible blankets come in a range of styles and colors from sweet baby blues to bright hot pinks some are filled with country charm others feature festive designs still more are sophisticated warm and cozy and just right for masculine comfort there s one for a wedding present plus soft and gentle afghans to cuddle a child a cool cotton throw to keep away the chill a take and make design that s easily portable and many more

this is the ultimate guide for the absolute beginner for those with little or no knitting experience this simple to learn project based book will start with the basics and take you through the initial stages of this fun and creative craft each technique is clearly explained and accompanied by a stylish project to make so that you can put your newly acquired knowledge into practice demonstrate your new skills to friends and family with designs that include a hobo bag beanie hat or clutch bag beginners will learn all the essentials from how to hold needles cast on and off make a tension swatch and form the basic knit and purl stitches to how to knit stripes cable rib and lace plus shape their knitting and add buttonholes clear step by step illustrations and beautifully shot photographs of the finished projects are included throughout making it both practical and inspirational the ideal book for want to be knitters

the patterns and fabrics of american knitting are an intricate and intimate part of the nations history reflecting the styles and the interests the concerns and the comforts that touched every homebody every newborn and newlywed every homesick patriot in the field this is the history that knitting america celebrates the first fully detailed full color comprehensive history of knitting in america from colonial times to the present the book conveys the social and historical realities that the craft embodied as well as the emotional narrative that unfolded at the hands of the nations knitters with vintage patterns and designs typical of each era knitting america comprises a knitted history of american society here are the trends and the shortages the historical happenings and the social movements the advertising and economic developments that affected knitting and style also included are 20 historic knitting patterns for todays knitters beautifully illustrated with vintage pattern booklets posters postcards black and white historical photographs and contemporary color photographs of knitted pieces in private collections and in museums this book is a treasure of history and craft an exquisite view of america through the handiwork of its knitters

fill your home with splashes of color with any of these 25 beautiful throws and wraps whether you want to make a lovely quilt to pass down from generation to generation or a fireside blanket for winter nights you will be sure to find a project to cherish as you transform your yarn into a wonderful range of fabrics the designs for this stunning collection of crocheted afghans comforters blankets and more are inspired by a whole range of sources you can get an heirloom effect with wraps and throws based on antique lace and traditional textiles or if your dream is of pioneer patchwork try one of the patterns influenced by everything american from navajo motifs to crazy quilt patchwork all the information you need is here provided in a way that is so simple to understand with charts and detailed instructions for 25 projects plus 10 extra ideas for ways of using the same instructions to make larger or smaller items such as bed covers or pillows and don t be afraid of the professional luscious look of the blankets you see in the photos the designs have been created with simplicity in mind so even novice crocheters will produce exquisite pieces in no time at all many of the projects are made up of small easy to work with squares and motifs so you can carry on crafting while on the move

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Understanding Alderfer's ERG Theory: A Simplified Guide to Motivation

Motivation, the driving force behind our actions, is a complex phenomenon. While many theories attempt to explain it, Clayton Alderfer's ERG theory offers a concise and insightful perspective. Unlike Maslow's hierarchy of needs, which presents a rigid, hierarchical structure, ERG theory provides a more flexible model that acknowledges the dynamism of human needs and their interplay. This article will unpack Alderfer's ERG theory, making its complex ideas accessible and relatable.

What is ERG Theory?

ERG theory, short for Existence, Relatedness, and Growth, proposes that human needs are categorized into three overlapping categories: Existence Needs: These are fundamental needs essential for basic survival and comfortable living. They encompass physiological needs like food, shelter, and clothing, as well as material comforts like financial security and safe working conditions. Think of this as the basic necessities required for a person's well-being. Relatedness Needs: This category focuses on our relationships with others. It encompasses social interaction, belongingness, and interpersonal relationships, whether personal or professional. This includes the need for love, friendship, and a sense of community. It's about feeling connected and accepted by others. Growth Needs: These represent our innate desire for personal development, self-esteem, and achievement. This includes the need for creativity, self-actualization, and personal growth. It's about pushing our boundaries, learning new things, and feeling a sense of accomplishment.

The Key Difference from Maslow's Hierarchy

Unlike Maslow's hierarchy, which suggests needs are fulfilled sequentially, ERG theory posits that these three categories are not strictly hierarchical. Individuals may pursue multiple needs simultaneously. Further, if a higher-level need (like growth) becomes frustrated, an individual may regress to focusing more on lower-level needs (like existence or relatedness). Imagine an employee whose promotion (growth need) is repeatedly denied; they may become more focused on their salary (existence need) or their relationship with their colleagues (relatedness need).

The Frustration-Regression Principle

This is the core principle of ERG theory: the frustration-regression principle. If a person experiences difficulty satisfying a higher-level need, they may increase their focus on lower-level needs as a compensatory mechanism. For example, if an employee is consistently denied opportunities for professional development (growth need), they may start focusing more on their salary and job security (existence need) or their relationships with colleagues to find a sense of belonging (relatedness need). This dynamic, flexible nature makes ERG theory a more realistic model of human motivation than the rigid structure of Maslow's hierarchy.

Practical Applications of ERG Theory

Understanding ERG theory can significantly impact management practices. By recognizing the interplay of existence, relatedness, and growth needs, managers can design strategies to motivate employees more effectively. This might include: Offering competitive salaries and benefits: Addressing existence needs. Fostering a positive and collaborative work environment: Addressing relatedness needs. Providing opportunities for professional development, skill enhancement, and challenging assignments: Addressing growth needs. Consider a company providing training programs and mentorship opportunities while ensuring fair compensation and a friendly work environment. This holistic approach considers all three needs, leading to greater employee satisfaction and productivity.

Actionable Takeaways and Key Insights

Flexibility is key: Needs are not static; they fluctuate depending on context and individual experiences. Holistic approach: Consider all three needs – existence, relatedness, and growth – when designing motivation strategies. Address frustration: Be mindful that frustration in higher-level needs may lead to regression to lower-level needs. Individual differences: Recognize that individuals prioritize needs differently.

Frequently Asked Questions (FAQs)

1. How is ERG theory different from Maslow's hierarchy? ERG theory is less rigid than Maslow's, allowing for simultaneous pursuit of multiple needs and regression to lower needs when higher needs are frustrated. 2. Can ERG theory be applied in personal life? Absolutely. Understanding your own needs and prioritizing them accordingly can help you lead a more fulfilling life. 3. Is ERG theory applicable to all cultures? While the basic needs remain consistent, the specific manifestations and priorities may vary across cultures. 4. How can managers use ERG theory to improve employee motivation? By offering a comprehensive approach that caters to existence, relatedness, and growth needs, managers can create a more motivating work environment. 5. What are the limitations of ERG theory? Like any theory, ERG theory has limitations. It doesn't fully explain the complexities of individual differences and the specific factors driving motivation in every situation. Further research and individual assessments are often necessary for a complete understanding of motivation in specific contexts.

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